



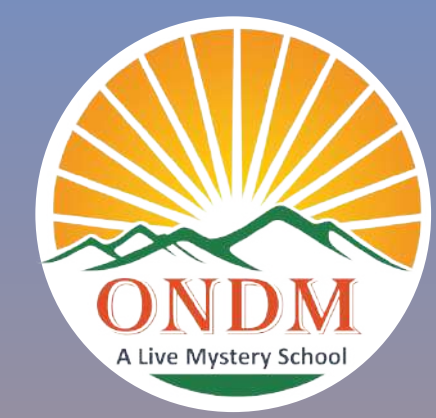
WORK



MEDITATE



TRANSFORM



Partner Wellness Program

What is Recruin Partner Wellness Program?

Achieve work-life balance through our serene Ashram office setting, flexible work options, mindfulness practices, and engaging activities. Join us for a holistic approach to well-being and productivity.

OshoDhara Ashram: The Epicenter of Your Spiritual Quest

Discover Osho Dhara Ashram in Murthal, India—a sanctuary that has enlightened 80,000 souls. Unveil profound meditation techniques, nurture inner harmony, and elevate your potential. Unleash the power within for enhanced productivity, as you embark on a transcendent quest for serenity and personal growth.



Discover the Path to True Meditation with Live Master and Acharyas

Embark on a transformative journey to unlock the power of meditation and mindfulness. Release stress, cultivate inner peace, and embrace a positive mindset as you learn from esteemed masters and Acharyasm who will guide you towards true meditation practices.

Modern Office Setup

Two floors of dedicated workspace with meeting rooms, equipped with an interactive flat panel and high-speed internet, fostering collaboration and productivity in a serene environment.



Explore Extra-Curricular Activities

At Oshodhara Ashram, elevate your stay with invigorating yoga, nature walks, artistic expression, and sports like badminton, table tennis, and volleyball. Embrace a holistic experience, fostering creativity and wellness.



Nature's Tranquil Haven

Indulge in the captivating allure of Oshodhara Ashram, where tranquility reigns amidst lush greenery. Relish the symphony of nature's melodies, as birdsong intertwines with refreshing breezes, enhancing your rejuvenating sojourn.



Holistic Well-being

Embark on a profound path of self-discovery, where meditation, yoga, and spirituality converge harmoniously. Tailored programs cater to Hindi and English speakers, fostering inner healing, mental clarity, and revitalization under expert guidance.



Workation Program Guide

1. Detox/Rejuvenation (3 days/6 Days)

Pricing: TBD

About:

Discover the ultimate solution for team bonding when your members are scattered across borders. Our Detox and Rejuvenation Program offers a captivating workation experience at Oshodhara Ashram. Reconnect and strengthen your team through immersive activities, while embracing the serenity of our surroundings. Let go of stress, revitalize your spirits, and create lasting bonds. Join us for a transformative workation retreat, where distance is conquered, and unity thrives.

Inclusions:

- **No meditation sessions.**
- **Access to all extracurricular activities.**
- **Choice of accommodation: 2, 3, or 5 bedrooms.**
- **All-inclusive: 3 meals, plus early morning and evening snacks.**
- **Fully equipped working space and think tank access.**

Testimonial

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I needed a break from the pace of city life and just in time, a coworker informed me about Oshodhara and the workspace they have created for professionals. Without hesitation, I took tickets from the USA to India. I stayed there for 2 weeks, and it was just what I needed.

First and foremost, the atmosphere at the Ashram was so serene and peaceful. The days seemed longer, and I had plenty of time to complete all of my work.

Second, the workspace they designed was incredibly beautiful and perfectly organised, especially the think tank, which was my favourite area of the office.

The food was incredible, but what really impressed me was the people who were there, they were different from those whom I usually met - different energy, full of positivity, how they enjoyed every moment and helped each other.

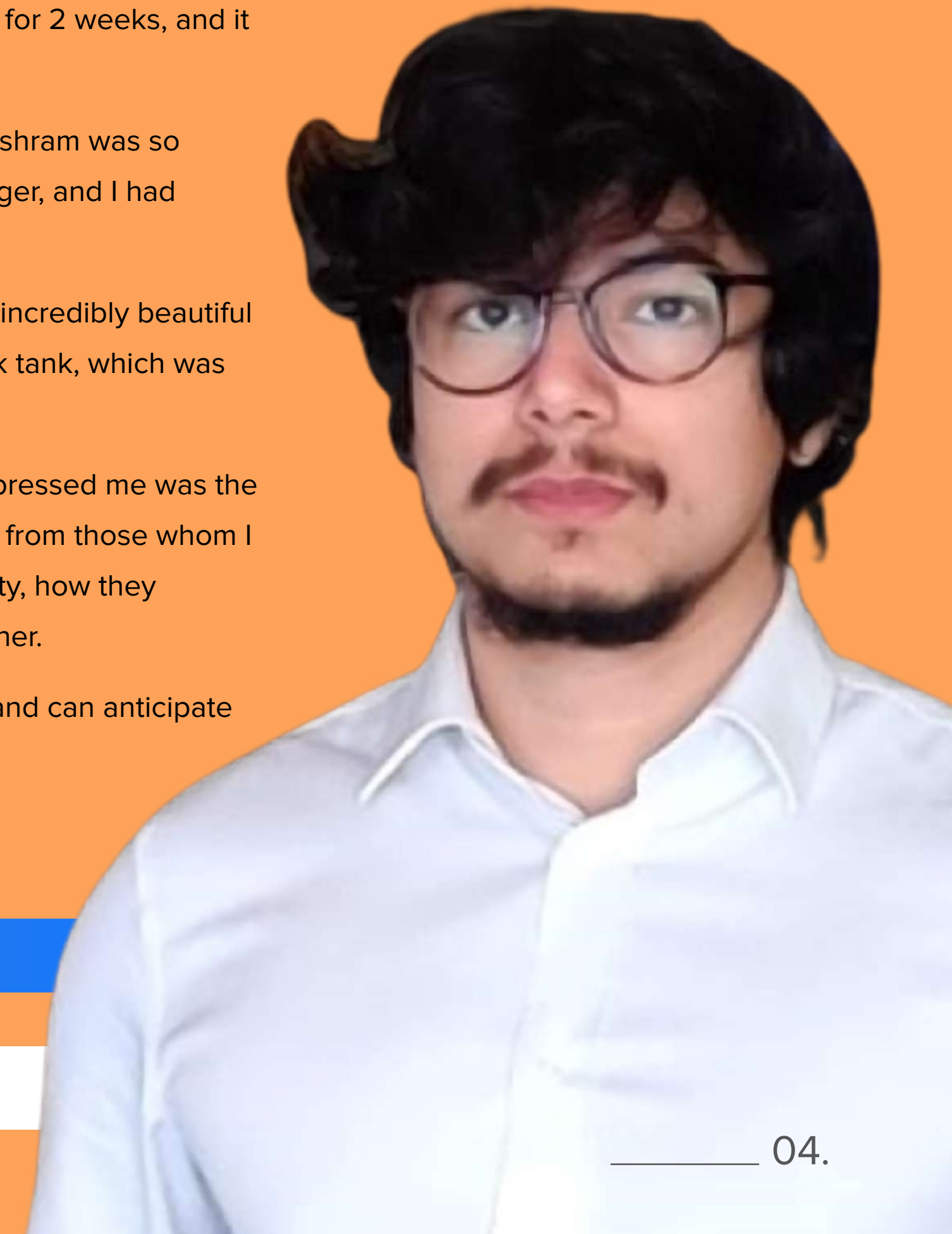
Honestly, I loved every moment of my visit and can anticipate frequent visits in future.

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Dr Sujit Roy



Computer Scientist-
NASA



2. Mindful Bonding and Stress Management/ Spirit Of Excellence (3 days/6 Days)

Pricing: TBD

About:

Introduce Your Organization to Meditation and the World of Spirituality
Discover the perfect choice to introduce your organization to the transformative power of meditation and spirituality. Our Mindful Bonding & Stress Management and Spirit of Excellence programs are tailored to help you effectively manage stress and unleash unparalleled creativity. Embrace a mindful approach to team bonding while cultivating a spirit of excellence within your team. Experience the benefits of reduced stress, enhanced well-being, and a heightened level of creativity. Choose us for a profound journey that will elevate your organization to new heights.

Inclusions:

- ♦ **One morning meditation session.**
- ♦ **Access to all extracurricular activities.**
- ♦ **Choice of accommodation: 2, 3, or 5 bedrooms.**
- ♦ **All-inclusive: 3 meals, plus early morning and evening snacks.**
- ♦ **Fully equipped working space and think tank access.**

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As a Founder of one of the largest Twitter shows, productivity is all I am concerned about. Stress, however, is a byproduct of productivity. Although I make an effort to lead a healthy lifestyle focused on both mental and physical fitness, I frequently find it challenging to balance it with my daily activities.

I rarely leave my office-home for a retreat. Because it is difficult to find a place where there will be uninterrupted and good quality internet, a place to work and, most importantly, a quality meditation centre.

However, when I went to the Oshodhara Ashram and participated in the morning meditation sessions, I didn't feel like I had to make an effort to look after myself in addition to an organisation; it just came effortlessly.

Even my productivity soared, I felt completely productive and calm at all times. If just a one-morning session can bring this change, I'm curious to see what the rest of the program will do. Lastly, I'd say if you're a working professional who worries constantly about stress

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Mario Nawfal



Founder
The Roundtable Show

3. Peak Performance/ Zen Spirit (3 days/6 Days)

Pricing: TBD

About:

Give your organization the ultimate gift of reaching its full potential with our Peak Performance/Zen Spirit Programme. Experience a transformative journey that will elevate your performance to new heights. Unlock your true capabilities and unleash your best self through this specially curated program. Elevate productivity, cultivate focus, and ignite a renewed sense of purpose. Embrace the Zen spirit and harness your inner power for unparalleled success. Choose this program and embark on a path of extraordinary achievement.

Inclusions:

- ♦ **Morning and Evening meditation sessions.**
- ♦ **Access to all extracurricular activities.**
- ♦ **Choice of accommodation: 2, 3, or 5 bedrooms.**
- ♦ **All-inclusive: 3 meals, plus early morning and evening snacks.**
- ♦ **Fully equipped working space and think tank access.**

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Having been a regular at this Ashram for more than a decade now, I couldn't contain my excitement when they unveiled their spectacular new ThinkTank Office. It seriously got me pumped! Me and my team can finish our daily deliverables, rather efficiently and still make time for the incredible morning and evening Yoga sessions.

This place has become my ultimate haven for work and self-discovery, offering the perfect blend of focus and personal growth. Ever since I started attending these sessions, my performance has soared to new heights, helping me reach my peak potential, smash goals and achieve greatness like never before. Huge shoutout to Ashram and Recruin team for creating such an amazing workspace and propelling me forward in life.

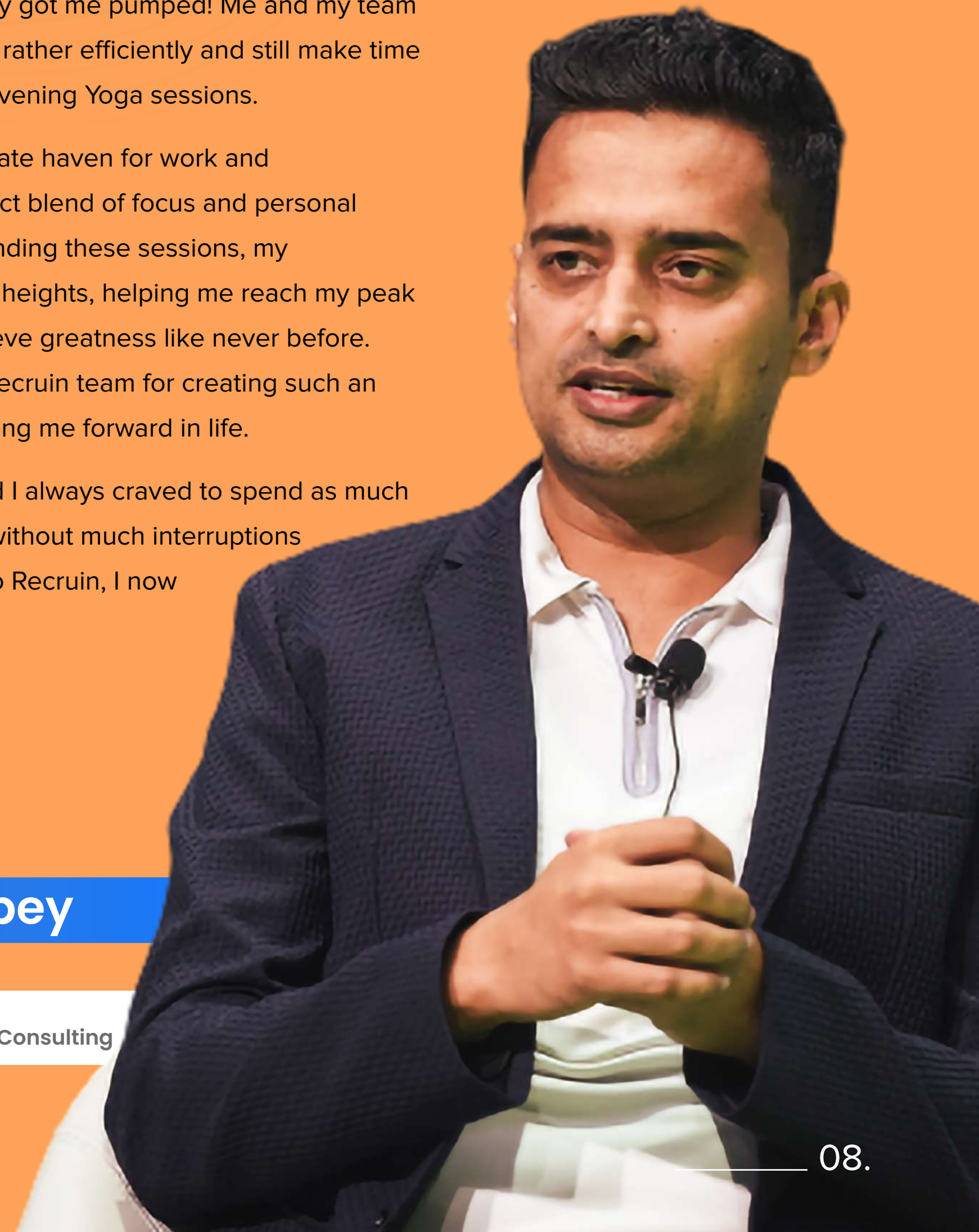
I love to meditate very much and I always craved to spend as much time as possible in the Ashram without much interruptions in my professional life. Thanks to Recruin, I now have this opportunity.

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Gaurav Dubey



CEO
TDeFi-Web3 Incubator & Consulting



4. Blissful Living/Dhyan Yoga (3 days/6 Days)

Pricing: TBD

About:

Embark on a Journey of Blissful Living with the Dhyana Yoga Program Step into the realm of spirituality with our transformative Blissful Living/Dhyan Yoga Program. Discover the ultimate guide to unlocking inner peace, harmony, and profound spiritual growth. Immerse yourself in ancient practices, meditation techniques, and wisdom that will enrich your life. Experience a deep connection with your inner self and cultivate a sense of tranquility amidst life's chaos. Embrace this program as a gateway to a more fulfilling and enlightened existence. Choose the path of Dhyan Yoga and embark on a profound journey of self-discovery.

Inclusions:

- ♦ Full Programme as per schedule. Contact us to know the schedule.
- ♦ Access to all extracurricular activities.
- ♦ Choice of accommodation: 2, 3, or 5 bedrooms.
- ♦ All-inclusive: 3 meals, plus early morning and evening snacks.
- ♦ Fully equipped working space and think tank access.
- ♦ 7 Days of full access to OD 360.

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I am always looking for new ways to grow myself and my team. I was told about Dhyan Yoga by my dear friend and then started reading more about it. I got very curious. Packed my bags and booked a flight from Dubai to Delhi and then started with the Dhyan Samadhi Sessions.

It was the most exhilarating experience ever. Strangely, I felt all the emotions in my body that I had not felt earlier in my life. It was an out-of-body experience which cannot be described in words. I am so grateful for the experience and the opportunity I got to attend the samadhi. After it, I can definitely say I am a changed man with a bigger and clearer perspective on life.

I also had the opportunity to work from their office which was very convenient. Thanks, Recruin and Ashram for this opportunity.

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Bob Wazneh



Partner
IBC Group



5. Enterprise Program (Make your Program)

Pricing: TBD

About:

Tailor Your Perfect Program with the Enterprise Program

With our Enterprise Program, you have the freedom to create a program that perfectly suits your needs. Choose the duration of your program and the number of days that work best for you. Bring in as many participants as you desire, allowing your entire team to benefit from this transformative experience. Customize the activities, workshops, and sessions to align with your organisation's goals and objectives. Embrace the flexibility and create a unique program tailored to your requirements. Let us help you design an unforgettable journey of growth and success.

Inclusions:

- ♦ **Make your sessions.**
- ♦ **Access to all extracurricular activities.**
- ♦ **Choice of accommodation: 2, 3, or 5 bedrooms.**
- ♦ **All-inclusive: 3 meals, plus early morning and evening snacks.**
- ♦ **Fully equipped working space and think tank access.**
- ♦ **7 Days of full access to OD 360.**

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I was pleased with the assistance provided by Recruin in arranging a trip for a group of 14 individuals. It was beneficial that the program could be tailored to accommodate different preferences, as some of the team members participated in a week of meditation before joining the workation, while others solely focused on the workation aspect.

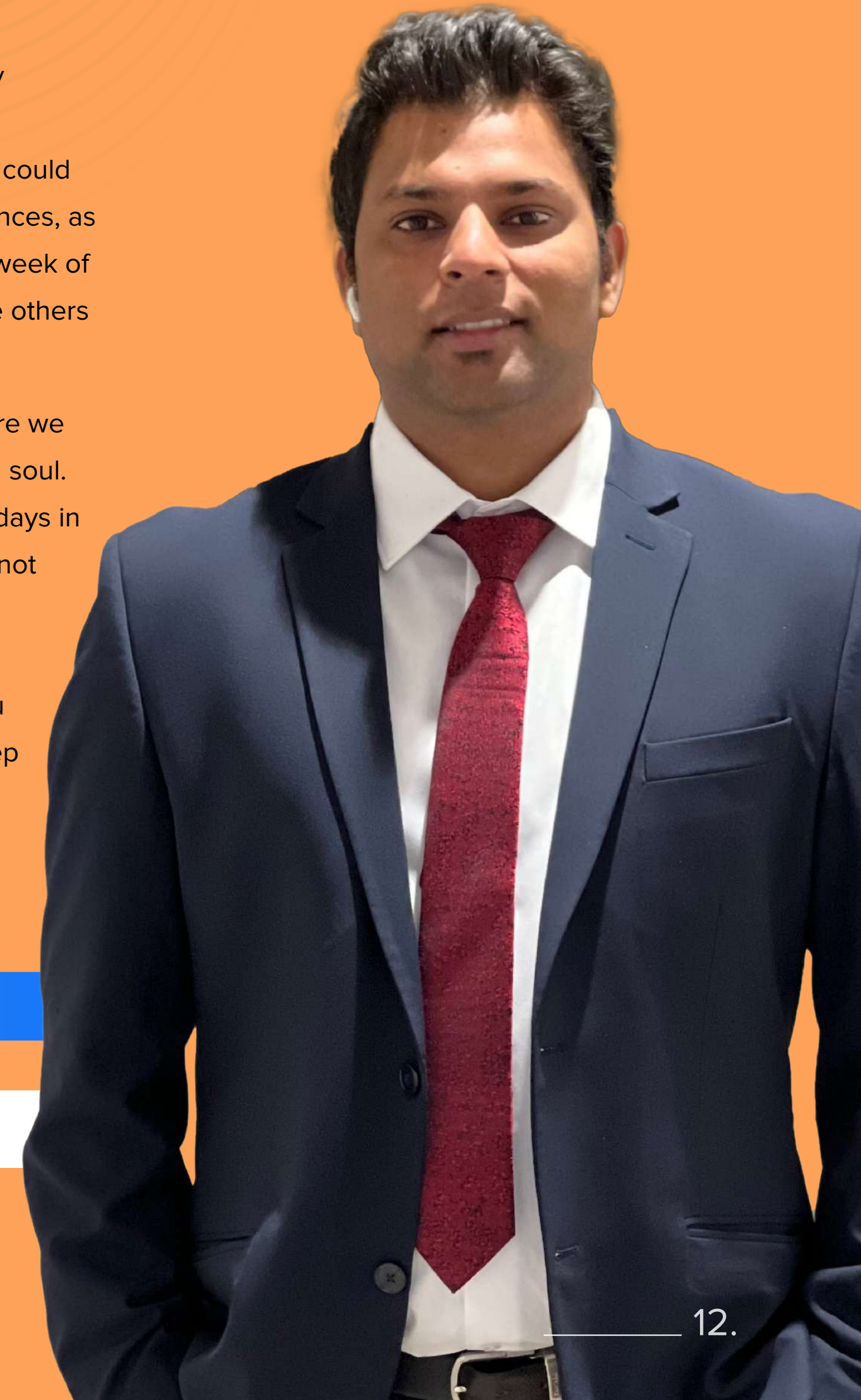
This was one of the lifetime experiences where we got some time to rejuvenate our mind, body n soul. Away from our daily life hustle and bustle, 12 days in the middle of greenery and peace, work was not stressful and on top of everything, meditation lessons with experience were amazing. The food and Stay were good. What more can you ask for - Working in tranquillity and a small step towards knowing your soul.

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Rishabh Gupta



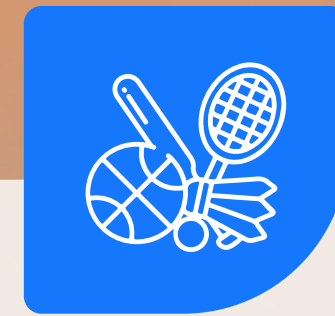
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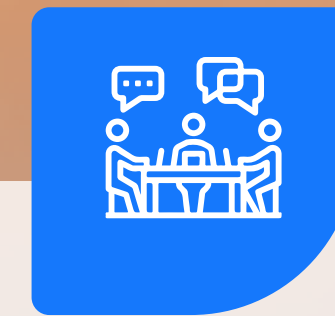
Additional Facilities



Coffee machine in the office for a refreshing break



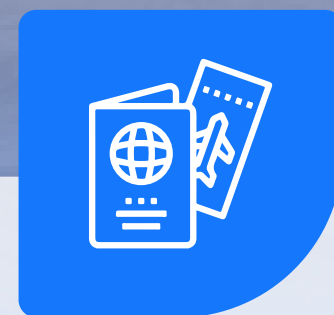
Volleyball, badminton, and table tennis equipment are available



Well-designed calling pods and meeting rooms

Add-on Assistance*

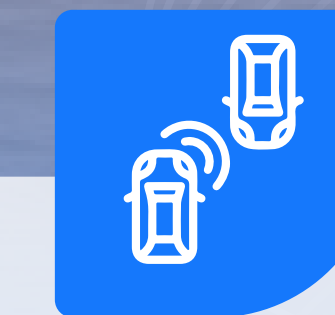
*Additional charges for add-on assistance



Visa assistance



Logistical Support



Transportation Assistance